



# ALLIED HEALTH ASSISTANT



## **What is an Allied Health Assistant and what do they do?**

An Allied Health Assistant (AHA) supports allied health professionals by helping NDIS participants incorporate therapeutic activities into daily routines, building skills, and improving functional capacity. Under the direction of therapists, AHAs implement individual and group therapy programs, provide direct client support and care, and perform administrative and clinical tasks to enhance therapy services' efficiency and effectiveness

## **How can this service benefit me?**

An Allied Health Assistant (AHA) provides personalised support, implementing therapeutic activities designed by professionals like Speech Pathologists or Occupational Therapists. They help improve functional skills such as motor skills, communication, and social interactions by integrating therapeutic exercises into daily routines. AHAs ensure consistent care, essential for long-term progress, and make therapy engaging to enhance motivation. They also relieve family stress by taking on therapeutic responsibilities and monitor progress, communicating with primary health professionals for timely therapy adjustments.

## **What services can I use it for?**

Thrive Medical comprises a team of skilled allied health professionals who are passionate about making health care accessible for everyone. AHA's provide direct support for all of our therapists including Occupational Therapy, Speech Pathology, Physiotherapy and Exercise Physiology.

## **How much does it cost? Where does it come out of my NDIS funding?**

Under the NDIS Pricing Guidelines, remote Broken Hill area is \$121.51 per hour for AHA. AHA's line item under the NDIS is 15\_053\_0128\_1\_3, which comes out of your capacity building funding, more specifically the Improved Daily Living Skills budget.

## **Where does it occur?**

AHA's work flexibly within the home, community, school or clinical setting. This can be tailored to meet all client needs.